

OCTOBER 2026

Fri 2nd House of Games
Sat 3rd Band Night
Fri 9th Trevor's Night
Sat 10th Band in the Park
Fri 16th Linkee
Sat 17th Meal Out
Fri 23rd Out Night
Sat 24th Graham's Birthday
Tue 27th Pumkin Carving
Fri 30th Spooky Night

REGULAR EVENTS

Pub of the Week. Sundays, at a local pub, with a monthly quiz night at 8pm. See Trev for details.

NOVEMBER 2026

Sun 1st Autumn Walk
Fri 6th Martin D's Quiz
Sat 7th Band Night
Fri 13th Quiz Night
Sat 14th Meal Out
Sun 15st Museum Trip/ Committee Mtg
Fri 20th Down the Tube
Sun 22nd Bowling Competition
Fri 27th Out Night
Sat 28th Fran's & Elise's Birthday

REGULAR EVENTS

Pub Quiz*. Prince of Wales, Green Lane, Ilford on Tuesdays at 8.30pm
Other Events. Listen to announcements for details of meeting places and times.

DECEMBER 2026

Fri 4th Family Fortunes
Sat 5th Christmas @ Valentines Mansion
Fri 11th Card or Board Games
Sat 12th Band Night
Sun 13th Programme Planning
Fri 18th Christmas Social
Sat 19th Christmas Meal
Thu 24th Christmas Eve
Fri 25th Christmas Day
Thu 31st New Year's Eve

FUTURE EVENTS

23rd- 26th Jan 2027- Wash, Hunstanton
Sat 19th Mar - Charity Quiz, Goodmayes

Please speak to the committee if you've an idea for an event.

The Local Groups

Barking & Dagenham The Beacon Tree,
Tuesdays Green Lane, Dagenham

Barnet Discovery Hall, Stevenson Close,
Sundays Netherlands Road, New Barnet

Havering & Romford The Golden Lion,
Wednesdays High Street, Romford

Kings Lynn Orb & Sceptre, Wootton Road,
Tuesdays Kings Lynn

Kent The Barn Pub, 1 Lonsdale Gardens,
Tuesdays Mount Pleasant Rd, Tunbridge Wells

REDBRIDGE PLUS

is for anyone between the age of 18 & over, who wants to socialise, make new friends and is partial to the odd disco, party, live band, quiz, sports tournament, social event, or anything else they may feel like doing.

We have a full programme of events with a wide range of activities during the week and at weekends. We are part of a national network of groups and members. It is non religious, non profit making, non political and run by its members.

Full membership is only £20 (£10 for new members) per year and weekly subs are usually £3. The first night is free to new members who are allowed a trial period of 1 month before deciding if they wish to join.

For more information about Redbridge Plus contact any member of the committee, or email us at webmail@redbridge18plus.org.uk

REDBRIDGE PLUS

Part of National Federation of Plus Areas



PROGRAMME October – December 2026

MAP



THE COMMITTEE

Chair Francesca Barclay 020 85541364

G.C.M. Elliot Barclay

We need more talented people on the committee. See above for positions available or speak to committee members.

Meet Fridays at 8.30pm*
Goodmayes Community Centre,
616C Green Lane, Ilford

Moving to a local pub at 10 p.m.
(* Last Friday of the month is usually an out night.)

For more details see the website
www.redbridge18plus.org.uk

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