

OCTOBER 2023

Sun 1st Epping Ongar Railway
Fri 6th Crossword Quiz
Sat 7th Pub Night
Mon 9th Online Meeting
Fri 13th Down the Tube
Sat 14th Meal Out
Sun 15th Park & Café
Wed 18th Visit to Romford
Fri 20th Quiz Jenga
Sat 21st Graham's Birthday
Mon 23rd Online Meeting
Tue 24th Pub Quiz Night*
Fri 27th Out Night
Sat 28th Bowling
Tue 31st Visit to B & D - Pumpin Carving

REGULAR EVENTS

Pub of the Week. Sundays, at a local pub, with a monthly quiz night at 8pm. See Trev for details.

NOVEMBER 2023

Fri 3rd Fran's Quiz
Sat 4th Fireworks Night
Sun 5th Committee Meeting
Mon 6th Online Meeting
Fri 10th Board Games Night
Sat 11th Meal Out
Wed 15th Visit to Romford
Fri 17th Paul's Mystery Night
Sat 18th Pub Night
Sun 19th Bowling Competition
Mon 20th Online Meeting
Fri 24th Out Night/ Wash
Sat 25th Wash
Sun 26th Wash
Tue 28th Pub Quiz Night*

REGULAR EVENTS

Pub Quiz*. Prince of Wales, Green Lane, Ilford on Tuesdays at 8.30pm
Other Events. Listen to announcements for details of meeting places and times.

DECEMBER 2023

Fri 1st Fran's Birthday Quiz
Sat 2nd Cinema Night
Sun 3th Fran's Birthday
Fri 8th About Brittain
Sat 9th Pub Night
Sun 10th Programme Planning
Fri 15th Trapped
Sat 16th Christmas Meal
Tue 19th Pub Quiz Night*
Fri 22nd Christmas Social
Sun 24th Christmas Eve
Mon 25th Christmas Day
Fri 29th Out Night/ Chris F Birthday
Sat 30th Bowling
Sun 31st New Year's Eve

FUTURE EVENTS

19th - 22nd April 2024- Spring Holiday, Hoburne, Cotswolds
Please speak to the committee if you've an idea for an event.

The Local Groups

Barking & Dagenham The Beacon Tree,
Tuesdays Green Lane, Dagenham

Barnet Discovery Hall, Stevenson Close,
Sundays Netherlands Road, New Barnet

Havering & Romford The Golden Lion,
Wednesdays High Street, Romford

Kings Lynn Orb & Sceptre, Wootton Road,
Tuesdays Kings Lynn

West Kent The Barn Pub, 1 Lonsdale Gardens,
Tuesdays Mount Pleasant Rd, Tunbridge Wells

REDBRIDGE 18 PLUS

is for anyone between the age of 18 & 65, who wants to socialise, make new friends and is partial to the odd disco, party, live band, quiz, sports tournament, social event, or anything else they may feel like doing.

We have a full programme of events with a wide range of activities during the week and at weekends. We are part of a national network of groups and members. It is non religious, non profit making, non political and run by its members.

Full membership is only £20 (£15 for new members) per year and weekly subs are usually £2. The first night is free to new members who are allowed a trial period of 1 month before deciding if they wish to join.

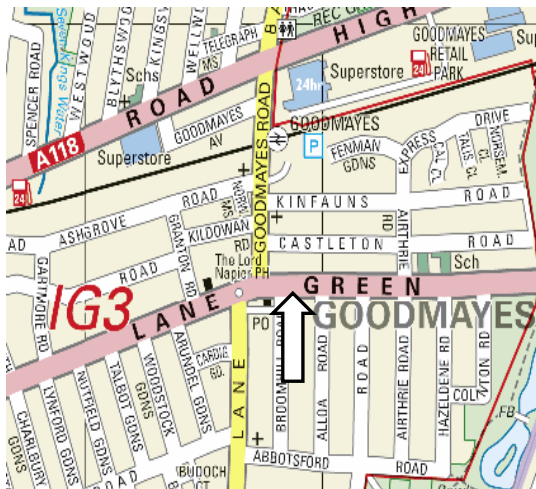
For more information about Redbridge 18 Plus contact any member of the committee, or email us at webmail@redbridge18plus.org.uk

REDBRIDGE 18 PLUS



PROGRAMME October – December 2023

MAP



THE COMMITTEE

Chair Francesca Barclay 020 85541364

Co-Chair Sherry Roberts 07952941799

Secretary Gary Silver 07704 207274

Treasurer Trevor Eley 020 85530947

We need more talented people on the committee. See above for positions available or speak to committee members.

Meet Fridays at 8.30pm*

Goodmayes Community Centre,
616C Green Lane, Ilford

Moving to a local pub at 10 p.m.
(* Last Friday of the month is usually an out night.)

For more details see the website
www.redbridge18plus.org.uk

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