

## OCTOBER 2024

Fri 4<sup>th</sup> Plusoperly  
Sat 5<sup>th</sup> Pub Night  
Sun 6<sup>th</sup> Committee Meeting  
Fri 11<sup>th</sup> Quiz Jenga  
Sat 12<sup>th</sup> Meal Out  
Mon 14<sup>th</sup> Online Meeting  
Fri 18<sup>th</sup> Linkee  
Sat 19<sup>th</sup> Marie Curie Quiz  
Sun 20<sup>st</sup> Graham's Birthday  
Mon 21<sup>st</sup> Online Meeting  
Tue 22<sup>nd</sup> Pub Quiz Night\*  
Fri 25<sup>th</sup> Out Night  
Sun 27<sup>th</sup> Valentines Park Stroll

### REGULAR EVENTS

**Pub of the Week.** Sundays, at a local pub, with a monthly quiz night at 8pm. See Trev for details.

## NOVEMBER 2024

Fri 1<sup>st</sup> Family Fortunes  
Sat 2<sup>nd</sup> Efog Quiz  
Sun 3<sup>rd</sup> Bowling Competition  
Mon 4<sup>th</sup> Online Meeting  
Fri 8<sup>th</sup> Paul's Mystery Night  
Sat 9<sup>th</sup> Meal Out  
Fri 15<sup>th</sup> Martin D's Quiz  
Sun 17<sup>th</sup> Museum Trip  
Mon 18<sup>th</sup> Online Meeting  
Fri 22<sup>nd</sup> Music Night  
Sat 23<sup>rd</sup> Pub Night  
Tue 26<sup>th</sup> Pub Quiz Night\*  
Fri 29<sup>th</sup> Out Night/ Elise's Birthday

### REGULAR EVENTS

**Pub Quiz\*.** Prince of Wales, Green Lane, Ilford on Tuesdays at 8.30pm  
**Other Events.** Listen to announcements for details of meeting places and times.

## DECEMBER 2024

Sun 1<sup>st</sup> Francesca's Birthday Do  
Fri 6<sup>th</sup> Fran's Quiz  
Sat 7<sup>th</sup> Pub Quiz  
Fri 13<sup>th</sup> Trapped  
Sat 14<sup>th</sup> Cinema Trip  
Tue 17<sup>th</sup> Pub Quiz Night\*  
Fri 20<sup>th</sup> Christmas Social  
Sat 21<sup>st</sup> Christmas Meal  
Tue 24<sup>th</sup> Christmas Eve  
Wed 25<sup>th</sup> Christmas Day  
Thu 26<sup>th</sup> Boxing Day  
Fri 27<sup>th</sup> Out Night  
Tue 31<sup>st</sup> New Year's Eve

### FUTURE EVENTS

24th - 27th January 2025- Wash, Hunstanton

Please speak to the committee if you've an idea for an event.

## The Local Groups

**Barking & Dagenham** The Beacon Tree,  
Tuesdays Green Lane, Dagenham

**Barnet** Discovery Hall, Stevenson Close,  
Sundays Netherlands Road, New Barnet

**Havering & Romford** The Golden Lion,  
Wednesdays High Street, Romford

**Kings Lynn** Orb & Sceptre, Wootton Road,  
Tuesdays Kings Lynn

**West Kent** The Barn Pub, 1 Lonsdale Gardens,  
Tuesdays Mount Pleasant Rd, Tunbridge Wells

## REDBRIDGE 18 PLUS

is for anyone between the age of 18 & 65, who wants to socialise, make new friends and is partial to the odd disco, party, live band, quiz, sports tournament, social event, or anything else they may feel like doing.

We have a full programme of events with a wide range of activities during the week and at weekends. We are part of a national network of groups and members. It is non religious, non profit making, non political and run by its members.

Full membership is only £20 (£15 for new members) per year and weekly subs are usually £2. The first night is free to new members who are allowed a trial period of 1 month before deciding if they wish to join.

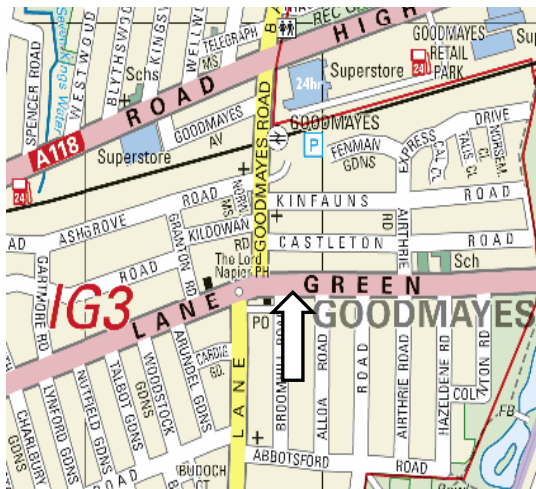
For more information about Redbridge 18 Plus contact any member of the committee, or email us at [webmail@redbridge18plus.org.uk](mailto:webmail@redbridge18plus.org.uk)

## REDBRIDGE 18 PLUS



## PROGRAMME October – December 2024

### MAP



### THE COMMITTEE

Chair Francesca Barclay 020 85541364

Co- Chair  
& Treasurer Trevor Eley 020 85530947

We need more talented people on the committee. See above for positions available or speak to committee members.

### Meet Fridays at 8.30pm\*

Goodmayes Community Centre,  
616C Green Lane, Ilford

Moving to a local pub at 10 p.m.  
(\* Last Friday of the month is usually an out night.)

For more details see the website  
[www.redbridge18plus.org.uk](http://www.redbridge18plus.org.uk)

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