

APRIL 2025

Fri 4th Wipeout
Sat 5th Martin P's Birthday
Sun 6th Committee Meeting
Fri 11th Linkee
Sat 12th Meal Out
Sun 13th Park Walk & Cafe
Fri 18th Good Friday/ Out Night
Sat 19th Leaflet Drop & Cafe
Sun 20th Easter Sunday
Mon 21st Easter Monday/ Bluebell Walk
Fri 25th Spring Holiday/ Out Night
Sat 26th Spring Holiday/ Pub Night

REGULAR EVENTS

Pub of the Week. Sundays, at a local pub, with a monthly quiz night at 8pm. See Trev for details.

MAY 2025

Fri 2nd Family Fortunes
Sat 3rd Meal Out
Mon 5th Bank Holiday/ Greenwich
Fri 9th Sherry's Night
Sat 10th Charity Quiz
Fri 16th Paul's Mystery Night
Sun 18th Paul's Birthday Drink
Fri 23rd Martin D's Quiz
Sat 24th Evening Stroll & Pub
Mon 26th Bank Holiday
Fri 30th Out Night
Sat 31st Pub Night

REGULAR EVENTS

Pub Quiz*. Prince of Wales, Green Lane, Ilford on Tuesdays at 8.30pm
Other Events. Listen to announcements for details of meeting places and times.

JUNE 2025

Sun 1st Olympic Park Walk
Fri 6th Let's Get Quizzical
Sat 7th Meal Out
Sun 8th Cinema Night
Fri 13th Taboo
Sat 14th Programme Planning
Sun 15th Museum Trip
Fri 20th House of Games
Sat 21st Music Night
Tue 24th Pub Quiz*
Fri 27th Out Night
Sun 29th Hop to It- Ipswich

FUTURE EVENTS

TBC July - Waddle on Sea, Southend on Sea

TBC September - Moby Golf, Chadwell Heath

Please speak to the committee if you've an idea for an event.

The Local Groups

Barking & Dagenham The Beacon Tree,
Tuesdays Green Lane, Dagenham

Barnet Discovery Hall, Stevenson Close,
Sundays Netherlands Road, New Barnet

Havering & Romford The Golden Lion,
Wednesdays High Street, Romford

Kings Lynn Orb & Sceptre, Wootton Road,
Tuesdays Kings Lynn

West Kent The Barn Pub, 1 Lonsdale Gardens,
Tuesdays Mount Pleasant Rd, Tunbridge Wells

REDBRIDGE 18 PLUS

is for anyone between the age of 18 & over, who wants to socialise, make new friends and is partial to the odd disco, party, live band, quiz, sports tournament, social event, or anything else they may feel like doing.

We have a full programme of events with a wide range of activities during the week and at weekends. We are part of a national network of groups and members. It is non religious, non profit making, non political and run by its members.

Full membership is only £20 (£10 for new members) per year and weekly subs are usually £1. The first night is free to new members who are allowed a trial period of 1 month before deciding if they wish to join.

For more information about Redbridge 18 Plus contact any member of the committee, or email us at webmail@redbridge18plus.org.uk

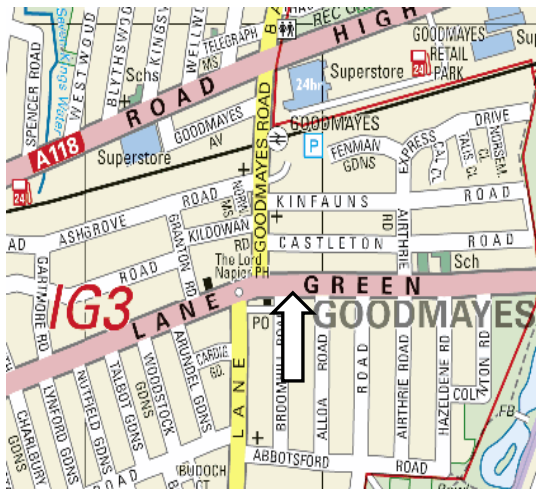
REDBRIDGE 18 PLUS



PROGRAMME

April – June
2025

MAP



THE COMMITTEE

Chair Francesca Barclay 020 85541364

Publicity Elliot Barclay

We need more talented people on the committee. See above for positions available or speak to committee members.

Meet Fridays at 8.30pm*

Goodmayes Community Centre,
616C Green Lane, Ilford

Moving to a local pub at 10 p.m.
(* Last Friday of the month is usually an out night.)

For more details see the website
www.redbridge18plus.org.uk

follow us also on  

